



Pamper Picnic!

A bridal shower with a difference - By Lindi Landman

Angel of Africa Day Spa is a small piece of heaven under our own South African skies.

A place where one can escape the stresses of day to day life, and for a few moments, be taken heavenwards as we pamper and indulge your every whim and desire.

We believe the body is a temple, and should be treated as such, yet our souls and minds also need to be nurtured and taken care of. Our treatments incorporate relaxation and revitalisation for body, mind and soul. They restore peace, harmony and balance in the mind and soul, whilst simultaneously relaxing, detoxifying and balancing the body.

Every minute at our Spa is magical. Our décor and environment is especially laid out to stimulate all five senses and also

trigger a deep sense of calmness and tranquility from the moment you step in the door.

Our treatments range from a variety of massages, facials, manicures and pedicures, to reflexology, and energy healing such as reiki and crystal healing. As a Spa in search of new ways to heal the whole self, we have incorporated healing on all levels, using our physical abilities as well as our mental and spiritual abilities. We also have a range of bridal packages to suit each bride's pocket, and are also able to create individual packages for your individual needs, to make the day extra special for you.

Our most popular package is our Bridal Picnic Pamper Party, where we cater a beautiful and delicious picnic in our green and lush gardens, and you are able to rest and relax and spend time with the girls, whilst enjoying fantastic massages,

manicures and pedicures on her big day, with her entire entourage.

Angel of Africa Day Spa is the perfect place for any bride to have her bridal shower.

Every bride is stressed and nervous for her upcoming special day and we will help relax, calm and revitalise her, whilst being able to share this all with her special friends and family.

